



August 2026



Montgomery County Recovery Community Center

484-383-0802 | 601 DEKALB ST. SUITE 1, NORRISTOWN, PA 19401 | WWW.COUNCILSEPA.ORG

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Monday Schedule Below	4 Tuesday Schedule Below	5 Wednesday Schedule Below	6 Thursday Schedule Below	7 Friday Schedule Below
10 Monday Schedule Below	11 Tuesday Schedule Below Volunteer Training 12:00pm— 2:00pm	12 Wednesday Schedule Below	13 Thursday Schedule Below	14 Friday Schedule Below
17 Monday Schedule Below	18 Tuesday Schedule Below	19 Wednesday Schedule Below	20 Thursday Schedule Below	21 Friday Schedule Below
24 Monday Schedule Below	25 Tuesday Schedule Below Gateway to Work 11:00am—1:00pm	26 Wednesday Schedule Below Gateway to work 11:00am—1:00pm	27 Thursday Schedule Below Gateway to Work 11:00am –1:00pm	28 Friday Schedule Below
31 Monday Schedule Below Center Closes at 12:00 PM for Community Narcan Distribution	TIME TO REMEMBER. TIME TO ACT. 	I.O.A.D Picnic at SBRCC August 30th 12:00 PM—4:00 PM 1286 Veterans Hwy, Bristol, PA 19007	We look forward to seeing you at this Family Friendly Event!	 International Overdose Awareness Day 31 August
<u>EVERY MONDAY</u> <u>Coffee & Conversation</u> 9:00am-10am <u>Musical Monday</u> 11am-12pm <u>Recovery Planning</u> 1pm-2pm <u>Job Search/Computer</u> 9am-4pm	<u>EVERY TUESDAY</u> <u>Coffee & Conversation</u> 9:00am-10am <u>Stress off Your Chest</u> 2pm-3pm <u>Job Search/Computer</u> 9am-4pm	<u>EVERY WEDNESDAY</u> <u>Coffee & Conversation</u> 9:00am-10 am <u>Women's Group</u> 2pm-3pm <u>Job Search/Computer</u> 9am-4pm	<u>EVERY THURSDAY</u> <u>Coffee & Conversation</u> 9:00am-10am <u>SMART Recovery</u> 10am-11am <u>Job Search/Computer</u> 9am-4pm	<u>EVERY FRIDAY</u> <u>Coffee & Conversation</u> 9:00am-10am <u>MARS</u> 1:00pm-2:00pm <u>Job Search/Computer</u> 9am-4pm



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Recovery Support Chat with CRS available via ZOOM Mon-Fri 9:00a-4:00p — <https://zoom.us/j/703846091> Password: recovery
Computer Lab open Mon-Fri 9:00a — 4:00p
Information Line 1-800-221-6333 — 8:30a — 4:30p

MON	9:00am-10am Coffee & Conversation HYBRID Group—https://zoom.us/j/953945404 (Open discussion social group) 11am-12pm Musical Monday — Musical Monday is a DRUM CIRCLE group that creates mindfulness, creates a sense of connectiveness which leads to improved state of well-being. 1pm-2pm Recovery Planning HYBRID Group — https://us02web.zoom.us/j/86507313422 (Focus on individual goal setting; keeping each other accountable for working on and staying focused on their goals.)
TUE	9:00am-10am Coffee & Conversation HYBRID Group—https://zoom.us/j/953945404 (Open discussion social group) 2pm-3pm Stress Off Your Chest HYBRID Group — https://us02web.zoom.us/j/86507313422 (A support group with a variety of educational tools to help assist with stress reduction and promote healthy coping techniques.)
WED	9:00am-10am Coffee & Conversation HYBRID Group—https://zoom.us/j/953945404 (Open discussion social group) 2pm-3pm Women's Group — https://us02web.zoom.us/j/86507313422 (Designed to help women gain insight and skills in order to better deal with any difficult, painful, and/or traumatic experience in their lives.)
THU	9:00am-10am Coffee & Conversation HYBRID Group—https://zoom.us/j/953945404 (Open discussion social group) 10am-11am SMART Recovery HYBRID Group — https://us02web.zoom.us/j/86507313422 (Self-Management and is an evidence based program that helps people recover from addictive behaviors. SMART Recovery uses techniques from Cognitive Behavioral Therapy, Rational Emotive Behavior and Motivational Enhancement Therapy.)
FRI	9:00am-10am Coffee & Conversation HYBRID Group—https://zoom.us/j/953945404 (Open discussion social group) 1pm-2pm MARS HYBRID Group — https://us02web.zoom.us/j/86507313422 This group recognizes and celebrates MAR (medicated assisted recovery) as a recovery pathway. All are welcome!

Please note that all HYBRID/ZOOM groups will be locked 15 min. after the group start time. This is to encourage timely attendance, avoid disruption, maximize group time for our participants, and ensure confidentiality.