

Monday

Tuesday

Wednesday

Thursday

Friday



May 2026

10-12 BINGO! 10:30-12 Open Faith Talk 10-11 Morning Yoga 11-12 Chair Aerobics 10:30 Billiards 11-12 Fall Prevention w/ JANG Physical Therapy 12:30 Volleyball Group				
10-12 BINGO! 10-11 Chair Pump 10-11 Art4Me 11-12 Tai Chi 11-12 Press Flowers Workshop with Jennifer Ennis & Hazel 12:30 Bocce Ball	10-11 Zumba Gold 10-11 Art4Me Making 10:30 Prize Pokeno 11-12 Drums Away 12:30 Afternoon Art 12:30 Cinco De Mayo History & Game	10-11 Silver Sneakers 10:30-12 Billiards 10-10:45 Jeopardy Group 11-12 <i>Brain Power Hour</i> 12:30 Mocktails & Mingle w/ MOM's 12:30 BINGO!	10-11 Tai Chi 10:30-12 Gardens & Habitats *Outdoor Potting 11-12 Balancing & Strength 12:30 Name That Tune 12:30 Jewelry Making	10-12 BINGO! 10-11 Morning Yoga 10:30-12 Open Faith Talk 11-12 Chair Aerobics 10:30 Billiards 12:15 Birthday Celebration *Live Music
10-12 BINGO! 10-11 Chair Pump 10-11 Art4Me Viewing 11-12 Tai Chi 11-12 Ambler Community Garden 12:30 Floor Hockey	10-11 Zumba Gold 10-11 Art4Me Making 10:30-12 Billiards 10:15-12 Scrabble Group & Games 11-12 Drums Away 12:30 Afternoon Art 12:45 Word Games w/Katie	10-11 <i>Changes and Challenges</i> 10-11 <i>Silver Sneakers</i> 11-1:30 Biography Group "Jazz Legends" & Photo Exhibition 12:30 ***Brain Power Hour-Special Edition	10-11 Tai Chi 10:30-12 Gardens & Habitats 11-12 Balancing & Strength 10:30-11:30 Quizzo 12:30 Art w/Germantown Academy 12:30 Jewelry Making Club	10-12 Open Faith Talk 10-12 Bingo! 10-12 ***Sip and Shop w/ Katie & Hazel! 10-11 Morning Yoga 11-12 Chair Aerobics 12:30 Volleyball Group
10-12 BINGO! 10-11 Chair Pump 10-11 Art4Me Viewing 10 PACE "Outreach Program" 11-12 Tai Chi 11-12 Pressed Flowers 12:30 Bocce Ball Group	Election Day Polls (ALL Day) 10-11 Zumba Gold 10-11 Art4Me Making 11-12 Armchair Travelers Live 11-12 Drums Away 12:30 Afternoon Art 12:30 Art w/Germantown Academy	10-11 Silver Sneakers 10-11 Transportation Presentation Senior Key Card 10:30 Billiards 11-12 <i>Brain Power Hour</i> 12:30 BINGO!	CENTER CLOSED	
HAPPY MEMORIAL DAY CENTER CLOSED	10-11 Zumba Gold 10-11 Art4Me Making 11-12 Advocacy for Older Adults presentation w/Jill 11-12 Drums Away 12:30 Afternoon Art 12:45 Word Games w/ Katie	10-11 Silver Sneakers 10-12 Upcycling Club 11-12 <i>Brain Power Hour</i> 10:30-12 Billiards 12:30 Bingo! 12:30 Art w/Germantown Academy	10-11 Tai Chi 10:30-12 Gardens & Habitats 10:30-12 Billiards 10-10:45 Jeopardy Group 11-12 Balancing & Strength 12:30 Jewelry Making Club	10-12 Bingo! 10-12 Documentary Group 10-12 Law Clinic 10-11 Morning Yoga 10-12 PACE "Outreach Program" 11-12 Chair Aerobics 12:30 Music Magic & Pet Therapy w/Katie
	10-12 History Group 10-12 Bingo! 10-11 Morning Yoga 11-12 Chair Aerobics 12 Lunch & Learn ScriptsUSA Pharmacy			