

EARLY CHILDHOOD EDUCATION SERIES



LEVEL 1

TRAUMA-AWARE

VALUABLE INSIGHTS AND HEALING-CENTERED APPROACHES

Designed to inspire new ways of understanding and responding to children's behavior and needs.

YOU'LL LEARN ABOUT

- FOUNDATIONAL KNOWLEDGE OF TRAUMA-INFORMED CARE
- KEY CONCEPTS AND PRACTICAL SKILLS
- EVIDENCE-BASED PRACTICES

VIEW OUR
WORKSHOP
TOPICS >>>



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MORE INFORMATION

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WEBSITE



LEVEL 1

TRAUMA-AWARE

This interactive series features a set of three 2-hour workshops followed by 1-hour debrief sessions, for a total of 9 hours.

ECE 111

TRAUMA-INFORMED EARLY CHILDHOOD EDUCATION BASICS

- Welcome and Series Overview
- LGI Steps of Growth
- Approaches to Reflective Practice
- Adverse Childhood Experiences Study
- How the Brain Develops
- Three Kinds of Stress
- Trauma-Informed Care Concepts and Principles
- Kinds of Trauma
- Impact of Indirect Trauma on Caregivers
- Responses to Trauma
- Reactions and Impact of Trauma on Young Children
- Guidance on Avoiding Traumatization
- Characteristics of Trauma-Informed Staff and Programs

ECE 112

TRAUMA-INFORMED CHILD DEVELOPMENT

- Multiple Caregiver Model
- LGI's Whole Child
- Science of Soothing
- Sensory Development
- Temperament
- Temper Tantrums and Sensory Meltdowns
- Influence of Temperament on Parenting
- TIC: Connections to Prominent Child Development Theories
- Impact of Pandemic on Young Children
- Early Childhood Grief: Recognizing the Signs and Offering Comfort
- The Sequence of Engagement: Regulate, Relate, Reason
- Cultural Influences on Caregiver-Child Interaction

ECE 113

TRAUMA-INFORMED SELF CARE AND WELLNESS

- Defining Self-Care and Wellness
- Whole-Self Reflection Exercises
- Kinds of Safety
- What is Mental Health and Wellbeing?
- Neurodiversity: Definition and Categories
- Prolonged Grief Disorder
- Self-Care and Wellness Plan Development
- Barriers to Self-Care
- Trauma-Informed, Culturally-Relevant Approaches to Self-Care
- Examples of Self-Care and Wellness Plans for Early Childhood Professionals