

TRAUMA 108: TRAUMA AND RACISM AND TRAUMA 108 APPLIED LEARNING CIRCLE (ALC)



Trauma 108 | This workshop provides information the subject of racism with a focus on defining basic aspects and components of racism, historic racism and researcher bias: Implicit Bias and the Neuroscience of Bias; White Privilege, Colorism and Microaggressions; The Intersection of Trauma and Racism; Reasons to have Hope including Theory of Change, Social Movement, and Tipping Point; A.R.C. of Racial Reconciliation; Constructive, Critical and Courageous Conversations; The Myth of Race.

Additionally, time will be spent integrating trauma principles to highlight the profound impact of racism while offering ideas with regard to the responsibilities of white and BIPOC to actively promote anti-racism and socially equality. There are opportunities for individual reflection and constructive conversations among participants to allow consideration of action steps to take as individuals, communities and a society to challenge and change attitudes, beliefs and behaviors around race.

Trauma 108 Applied Learning Circle (ALC) | In this workshop, we will integrate the themes and tools from Trauma 108 into our work and lives. We will work through guided reflection, experiential learning, and applied practice to strengthen participants' use of trauma-informed approaches to acknowledge and deconstruct racist systems that cause harm and perpetuate cycles of trauma.

Trauma 108



Thursday, June 4



9:00am-1:00pm



Zoom

Trauma 108 ALC



Thursday, June 11



10:00am-12:00pm



Lakeside Global Institute

1350 Welsh Road, North Wales

REGISTER NOW

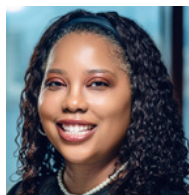


CEU Eligible



Nadja Mummery

**Bucks-Mont Collaborative
Training Institute Coordinator &
Learn to Heal Consulting Founder**



Sherry Wherry

**CEO & Founder, Wherry Consultations
Bucks-Mont Trauma Coalition
Coordinator**

NEW FOR SPRING 2026 | Applied Learning Circles!

After much feedback from the trauma-informed community, we're excited to introduce the pilot season of Applied Learning Circles! These in-person sessions are designed to serve as a practical bridge, complementing each Trauma Series offering by moving beyond theory into lived application.