

CO-CREATING A HEALING COMMUNITY OF RESILIENCE & TRUST



Communities, however defined, are made up of people who bring a range of experiences, perspectives, and histories. Remaining open, curious, and culturally humble is essential to understanding a community's resilience, strength, and wisdom. Let's explore the 5 Blocks of Building Restorative Relationships that allow us to create holistic and supportive spaces that are responsive to stress, diverse experiences, and trauma. This framework holds us accountable to doing the work of learning together, seeking understanding, and creating a safe, valued, and heard community.



Tuesday, April 7



10:00-11:30 am



Zoom

REGISTER NOW



CEU Eligible



Dr. Veirdre Jackson
Living Strong LLC

Dr. Veirdre Jackson is a visionary leader, educator, and entrepreneur with over 20 years of experience in executive leadership, currently serving as the Deputy Chief of Training, Development, and Multicultural Initiatives for Montgomery County, PA. As the CEO and Founder of Living Strong Consulting, she leverages her R.E.F.I.L.L. Framework and John Maxwell Team Certification to help organizations overcome burnout, enhance communication, and foster environments of psychological safety and belonging. An award-winning author, keynote speaker, and former radio host, Dr. Jackson has impacted global audiences and top-tier institutions—including Penn State and Head Start—with her expertise in trauma-informed practices and equity literacy. She holds a Doctorate in Leadership and Innovation from Wilmington University and remains dedicated to cultivating resilient, inclusive communities that honor the dignity of every individual.