

What is Lifesharing?



Lifesharing is when an adult with a disability lives with someone else—whether it’s a single adult, couple, or family—and they live together like roommates or extended family. It’s called “Lifesharing” because they’re not just sharing a home, but building a life and a meaningful relationship together.

Every Lifesharing arrangement is unique. That’s why we take the time to get to know both the person receiving support and the potential provider—so we can create the best possible match based on personalities, preferences, and lifestyle. Lifesharing Providers are compensated for the care and support they offer, and many find the experience just as rewarding personally as it is financially.

Who Becomes a Lifesharing Provider?

Lifesharing Providers (sometimes called “super roommates”) are people who care deeply about others and want to make a positive difference. Some already know the person they support, while others are thoughtfully matched based on shared interests and needs.

Lifesharing is also a way to bring purpose and stability into your life—whether you're looking for deeper connection, a meaningful role in your community, or a way to supplement your income while making a real impact.



What Does a Lifesharing Provider Do?

Each situation is unique. Some people may need help with:

- Nutrition
- Daily hygiene reminders like brushing teeth or showering
- Getting around the community
- Making friends and being social
- Getting to doctor’s appointments
- Taking medication
- Staying safe and healthy at home and in the community

Is Lifesharing a Job?

Lifesharing Providers are not employees. They are independent contractors, meaning they can usually have another job too. Some people do Lifesharing full-time, others part-time.

However, if you're doing Lifesharing alone (without a partner), having another job that takes up evenings or weekends may not work—because the person living with you may need support during those times too.



Lifesharing is about opening your home, or moving into the home of someone who needs support. It’s flexible, meaningful, and built around real relationships.