

# FATHERHOOD GROUP

A supportive space for fathers to learn, grow, and strengthen their families.



## **WHAT THE GROUP COVERS**

- Initial assessment using the Adult-Adolescent Parenting Inventory (AAPI)
- Discussion on hopes and concerns about fatherhood and the group experience
- Understanding child development and age-appropriate expectations
- Positive discipline strategies to reduce risk of abuse and neglect
- Healthy communication with co-parents
- Strengthening self-esteem and the father-child connection
- Recognizing the essential role fathers play in their children's lives


## **WHEN & WHERE**

*Thursdays 1:00pm-2:30pm*

*Quakertown Office*

*134-B Mill Road, Quakertown, PA 18951*

## **CONTACT US:**

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**\*Free for Bucks County residents**

