

Are your belongings taking over your home?

Buried in Treasures?

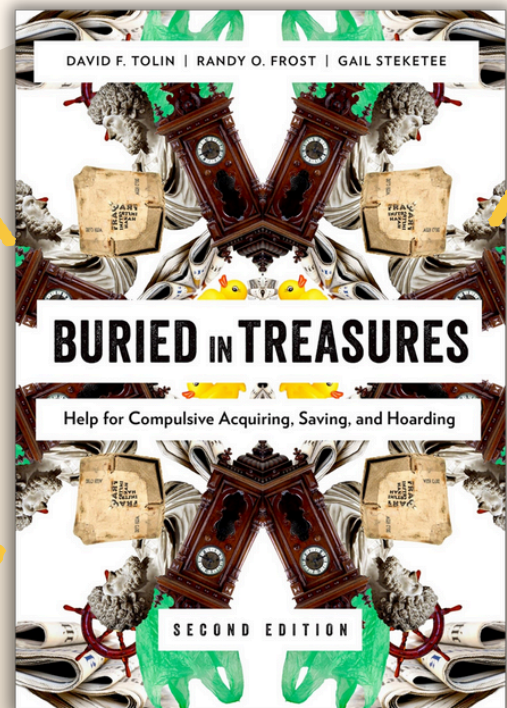
You are not alone. Help is available!

We are accepting inquiries for a virtual Buried in Treasures Workshop! An evidence-based, 16-week self-help group for people who are ready to gain control over their excessive finding and keeping! Whether you consider yourself an overwhelmed artist, an archivist, clutter bug, collector, or person with hoarding disorder, BIT is for you!

Requirements to Participate:

- A quiet, private space to join our Zoom meetings.
- Attend 2-hour meetings on a weekly basis with the first session being mandatory.
- You'll need to bring a personal copy of Buried in Treasures, Help for Compulsive Acquiring, Saving, and Hoarding, 2nd Ed.
- A desire to join your peers to learn and practice strategies to overcome clutter in a judgement-free space with facilitators who really care!

If you are interested in joining a BIT support group, please click [here](#) or scan the QR code



For additional questions regarding BIT or trouble accessing registration, please contact Keeley Rosenthal at kwrosenthal@buckscounty.org.

